

# MENU WEEK 1

All meals are served with salad or fresh vegetables

## MAIN MENU

## VEGGIE

## FERN

## TEA

MONDAY

Creamy veg  
spaghetti  
Garlic Bread  
Sponge cake

Creamy veg  
spaghetti  
Garlic bread  
Sponge cake

Cheesey pasta  
Garlic bread  
Sponge cake



Beans on toast  
yogurt

TUESDAY

Margherita pizza  
& toppings  
Cous Cous  
watermelon



Margherita  
pizza & toppings  
Cous Cous  
watermelon

Fish & chips  
watermelon

Cheeseboard  
Fruit

WEDNESDAY

Roast chicken &  
Mash potatoes  
Cheeseboard

Tomato pasta  
Cheeseboard

Roast chicken &  
mash potatoes  
Cheeseboard

Turkey/cream  
cheese weaps  
yogurt

THURSDAY

Mild chilli & rice  
Fruit & yogurt

Veggie chilli &  
rice  
Fruit & yogurt



Mild chilli & rice  
Fruit & yogurt

Pasta  
Biscuit

FRIDAY

Fish & chips  
Choc chip cookie



Veggie fingers  
& chips  
Choc chip  
cookie



N/A



Cheese / tuna  
sandwiches  
Biscuit

All meals are served with salad or fresh vegetables

# MENU WEEK 2

## MAIN MENU

## VEGGIE

## FERN

## TEA

MONDAY

Pasta & cheese  
Fruit Sponge

Pasta & cheese  
Fruit Sponge

Pasta  
Fruit Sponge

Beans on toast  
yogurt

TUESDAY

Mexican chicken  
Wraps/Rice  
Watermelon



Veggie Mexican  
Wraps/Rice  
Watermelon

Roast chicken  
Wraps/Rice  
Watermelon

Pasta salad  
Fruit

WEDNESDAY

3 Fish creamy  
spaghetti  
fruit & yogurt

Creamy tomato  
spaghetti  
fruit & yogurt

Fish & chips  
fruit & yogurt

Cheese/turkey  
wraps  
Biscuit

THURSDAY

Jacket potatoes  
Cheesy  
beans/tuna  
Fruit salad

Jacket potatoes  
Cheesy beans  
Fruit salad

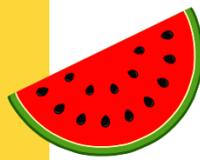


Chips  
Cheesy beans  
Fruit salad

Cheeseboard  
yogurt

FRIDAY

Roast chicken  
Potatoes &  
gravy  
vanilla biscuit



Quorn Roast  
vanilla biscuit

N/A



Cheese/tuna  
sandwiches  
Yogurt